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The Hawk's Eye

Weekly News from Hope Elementary School



UPCOMING EVENTS

- Dec. 22nd Jan. 1st Holiday Break
- Jan. 15th No School (Martin Luther King, Jr. day)
- Jan. 19th Middle School Dance (7-9PM)
- Jan. 22nd HES School Committee meeting (6PM)
- Feb. 12th HES School Committee meeting (6PM)
- Feb. 19th 23rd Winter vacation
- March 11th HES School Committee meeting (6PM)
- March 14th End of 2nd trimester
- March 15th No School (teacher workshop)
- April 8th HES School Committee meeting (6PM)
- April 12th Early Release (11:30 AM)
- April 15th 19th No School (Spring Break)
- May 2nd Early Release (11:30AM) for parent/teacher conferences

Happy Holidays!



Congrats to everyone who competed in the school spelling bee last week! Winner was Adelaide L. (8th grade) and runner-up was Ellie P. (6th grade). Great job everyone!!



HES would like to thank the following awesome individuals who made a very generous donation of \$500 to our school from a charity golf game!



The 2nd grade created a cozy space in the greenhouse representing holidays around the world. Kindergarten and first grade visited the greenhouse for stories and hot chocolate.



28 29 30		MONDAY
	28	27
	ese Stromboli ggies/Milk	rispy Chicken Sandwich Fruit/Veggies/Milk
B: Banana Bread B: Muffins B: Yogurt Parfait	it Salad	: Mini Bagels with Fruit
5 6 7	5	4
	i & Cheese ggies/Milk	Hot Dogs w/Fries Fruit/Veggies/Milk
B: Cinnamon Bread B: Muffins B: Fruit Salad	cones	B: Mini Bagels
12 13 14	12	11
5 5 1 1 7 11	& Sausage ggies/Milk	Soft Shell Beef Tacos Fruit/Veggies/Milk
d B: Yogurt Parfait B: Fruit Salad B: Muffins	ina Bread	: Mini Bagels with Fruit
19 20 EARLY RELEASE (11:30AM) 21	19	18
	ggets w/Fries ggies/Milk	Beef Chili w/Cornbread Fruit/Veggies/Milk
d B: Mini Bagels with Fruit B: Cereal	ina Bread	B: Cinnamon Rolls
26 27 28	26	25
NO SCHOOL NO SCHOOL NO SCHOOL	CHOOL	Holidays
akfast (B) includes protein, fruit, whole grain, and milk. HES is an equal opportunity provid	Breakfast (B) inc	ent meals are free.
	Breakfast (B) inc ch options include a ch	Holidays

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Save the date January 18th 7:00 PM Strom Theater

Parent/Community presentation: *Modeling Matters: What Parents Need to Know (and Do) to Decrease Stress, Worry, and Anxiety*

Description: The current news about young people and mental health has created warranted concern, but the information can be overwhelming and hard to sort through. Parents need strategies to help their children manage their anxiety, moods, and social pressures. Based on current research and over 30 years of clinical experience, Lynn Lyons will talk about the common traps adults fall into, and the key adjustments needed to prevent and help mental health challenges in our kids."

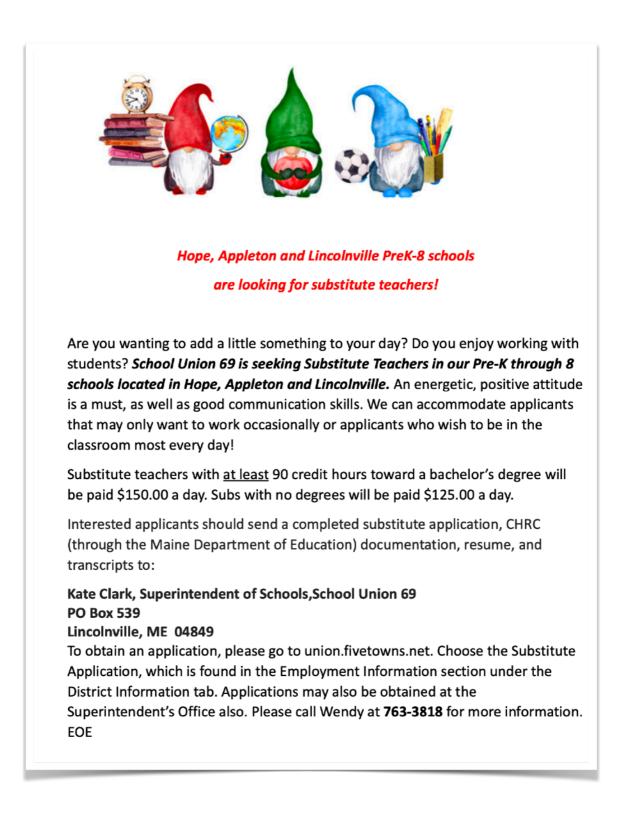
	-	CHOOL UNION 69 DTICE OF MEETING			
		December 20, 2023 6:00 p.m. ZOOM ONLY			
	https://networ	kmaine.zoom.us/j/8400	05559359		
		COMMITTEE AGENE			
Elizab Steve Carly I	beth Grierson, '24 Er e Wadsworth, '24 Ju Kincaid, '25 Ni	Hope m Lock, '24, Chair mily Burgess, '24 ide Masseur, '26 ick O'Hara, '25 en Odgren, '26	Lincolnville Tracee O'Brien, '26, Chair Melissa Nowell, '24 Seth Anderson, '24 Emily Berry, '25 Amy Peterson, '26		
	Call to order				
2.	Adjustments to the Agenda				
3.	Accept the minutes of the December 5, 2023 Joint Board Meeting				
4.	Review Financial Statements to date for FY 23-24 for the Superintendent's Office, Business Office and Special Education Director's Office				
5.	Executive session is requested pursuant to M.R.S.A. $\S405$ (6) (A) for consideration of employment duties				
6.	Public Comment				
7.	Executive session pursuant to 1 M.R.S.A. section 405 (A) for the purpose of evaluation and compensation of the Superintendent.				
8.	Future agenda items for the next meeting on: June 4, 2024				
		Adjournment			

SCHOOL UNION 69 NOTICE OF POLICY SUBCOMMITTEE MEETING

December 21, 2023 1:00 p.m. Via Zoom: https://networkmaine.zoom.us/j/89935889357

POLICY SUBCOMMITTEE AGENDA Ben Odgren, Chair, Hope; Emily Berry, Lincolnville; Emily Garrigan, Appleton.

- 1. Call to order
- 2. Adjustments to the Agenda
- 3. Approve minutes of the November 9, 2023 Policy Subcommittee Meeting
- 4. Review and editing of GBEBB: Staff Conduct With Students.
- 5. Review and editing of DJ: Bidding and DJ-R Bidding Procedures
- 6. Review and editing of DKC: Travel Reimbursement
- 7. Discussion of Narcan Policy; Al Policy
- 8. Public Comment
- 9. Agenda items for next meeting:
- 10. Adjournment





Help Your Child Succeed In School: Build the Habit of Good Attendance Early

Did you know?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two every few weeks (and can equal 18 days very quickly)
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school-and themselves. Start building this habit so they learn right away that going to school on time, every day is important.

What You Can Do!

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Introduce your child to his or her teachers before school starts to help with the transition.
- Don't let your child stay home unless he or she is truly sick. Sometimes stomachaches can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious to go to school, talk to teachers, school counselors or other parents for advice on how to help your child feel more comfortable and excited about learning.
- Avoid medical appointments and extended trips when school is in session.

Good attendance will help your child do well in school, college and at work.

For more info: Susan Lieberman at <u>slieberman@countmeinmaine.org</u> or www.countmeinmaine.org This was adapted with permission from Attendance Works at attendanceworks.org